

Specialist Nurse led Services County Durham and Darlington  
foundation trust

- CFS/ME
- COPE
- Dermatology
- Diabetes
- Enteral Feeding
- Epilepsy
- Falls & Osteoporosis
- Heart Disease
- Lymphoedema
- Offender Health
- Older People's Urgent Care
- Pain Management
- Palliative Care
- Respiratory Services
- Stroke Services
- Vasectomy
- Wound Management

## WHAT does and MS Nurse do.

### Role of the multiple sclerosis specialist nurse

- ✓ To provide appropriate, timely and accurate information to patients, families and their carers from the time of diagnosis.
- ✓ To provide support and advice for patients, families, carers, all healthcare professionals and voluntary agencies.
- ✓ To provide careful assessment of needs, ongoing support and monitoring of your condition.
- ✓ To provide an effective and co-ordinated link between hospitals, GP's, people with MS and other healthcare professionals.
- ✓ To provide a service that enables you to make an informed choice about your care and treatment.
- ✓ To assess, supervise and monitor the suitability, administration and effectiveness of drug treatments within agreed guidelines.
- ✓ To review and assess in nurse led clinics and where appropriate in your own home.
- ✓ To provide training and education, based on current research to promote a wider understanding of MS.
- ✓ To monitor the effectiveness and impact of the service.
- ✓ To provide telephone advice line with answer phone facility

### What I would like to PRG to do

If you are persuaded by my case I would like you to go back to your respective practices and ask your senior partner and their other GP colleagues did they know that the situation was this bad and would they lobby the clinical commissioning group to commission an MS Nurse service.

## HANDOUT EPILEPSY SPECIALIST NURSES CDDFT

Epilepsy nurse specialists work with adults with epilepsy. We work in partnership with patients, carers and other colleagues to promote positive outcomes for people with epilepsy referred in to the service. We offer a range of specialist support, including;

- ✓ Supporting you when you are diagnosed with epilepsy
- ✓ Giving you information about epilepsy
- ✓ Monitoring your seizure frequency
- ✓ Helping you to reduce or manage your seizures
- ✓ Helping you to adjust your medication so that you get the best seizure control
- ✓ Helping you to adjust your medication if you get side-effects
- ✓ Helping you to reduce the impact of epilepsy on your life (work, independence, leisure...)
- ✓ Supporting you through any epilepsy-related problems
- ✓ Liaising with other health professionals (neurologists, children's epilepsy nurse, Accident and Emergency, GP, practice nurse...) or other agencies (housing, employment services, social services...)
- ✓ Pre-conceptual counselling for women planning pregnancy
- ✓ Assessment and care planning, reflecting your individual situation
- ✓ Keeping you updated with new developments in epilepsy management